Technical Note

Labeling of Fixed Cells with IRDye® NHS Ester Reactive Dyes for In-Cell Western™ Assay Normalization

Developed for:
Aerius,
Odyssey® Classic,
Odyssey CLx, and
Odyssey Sa
Imaging Systems

Please refer to your manual to confirm that this protocol is appropriate for the applications compatible with your Odyssey Imager model.

Published July 2009. Revised May 2016. The most recent version of this Technical Note is posted at http://www.licor.com/bio/support
I. Introduction

The In-Cell Western assay is a popular immunoassay for the study of signal transduction, protein expression and function. A key feature in this assay is its ability to simultaneously measure two targets of interest or normalize the data for well-to-well variation in cell number. LI-COR has developed three types of protocols for normalization.

1. The first method uses primary and secondary antibodies to detect two distinct targets. For example, phospho-ERK can be detected using a specific primary antibody and a secondary antibody labeled with IRDye 800CW infrared dye. In a multiplex assay, a primary antibody against total ERK (or against a housekeeping protein or other target) can be detected with a secondary antibody labeled with a spectrally-distinct IRDye fluorophore\(^1\), such as IRDye 680RD. The protocol has been widely used in scientific literature\(^1-5\).

2. LI-COR also offers a one-step solution for In-Cell Western assay normalization using CellTag™ 700 Stain (LI-COR P/N 926-41090). CellTag 700 Stain allows for normalization across the same range of cell densities as Sapphire700™ and DRAQ5® Stains combined, and enables accurate measurement of target protein levels when combined with an IRDye 800CW secondary antibody. Please visit http://www.licor.com/bio for more detailed information regarding CellTag 700 Stain.

3. The protocol described here is cost-effective, and provides quantification over a wide linear range in a manner that does not use DNA staining and is not affected by changes in nuclear DNA. It was first described by Hoffman and colleagues\(^6\). This method uses infrared reactive dyes to covalently label cellular proteins on lysine residues. IRDye 800CW or IRDye 700DX N-hydroxysuccinimidyl ester (NHS) reactive dyes can couple to free amine groups on lysine residues and form a stable conjugate. Because the cells are fixed, the reactive dye has access to both cell surface and internal lysine residues, which greatly increases the extent of labeling. These dyes are available in several formats:
   - As a component of IRDye Infrared Dye labeling kits. These kits contain other components typically used to label antibodies and other proteins, which are not used in this cell labeling protocol.
     - IRDye 700DX Protein Labeling Kit, High Molecular Weight (P/N 928-38046)
     - IRDye 800CW Protein Labeling Kit, High Molecular Weight (P/N 928-38040)
   - As individual vials of reactive dye;
     - IRDye 700DX NHS ester, 0.5 mg (P/N 929-70010)
     - IRDye 800CW NHS ester, 0.5 mg (P/N 929-70020)
This method adds only two brief steps to the protocol and provides several advantages over previous methods:

- **Extreme sensitivity.** The lower-limit detection is approximately 200 cells per well.

- **Quantitative accuracy.** Wide linear range of signal extends from 200 to 200,000 cells in our experiments (Fig. 1).

- **Cost effectiveness.** Because highly-diluted dye solutions are used, a 0.5 mg vial of IRDye 700DX reactive dye can label 50 plates of cells; a 0.5 mg vial of IRDye 800CW is sufficient to label 500 plates (Figure 2).

**Figure 1.** Linear relationship between fluorescent intensity and number of cells, using IRDye 700DX for labeling. Two-fold serial dilutions of HeLa cells were plated in clear, flat-bottomed 96-well plates, then fixed and permeabilized. Cells were labeled with IRDye 700DX with the dilutions and incubation times indicated.

**Figure 2.** Linear relationship between fluorescent intensity and number of cells, using IRDye 800CW for labeling. Two-fold serial dilution of HeLa or A431 cells were plated in clear, flat-bottomed 96-well plates, then fixed and permeabilized. Cells were labeled with IRDye 800CW at 1:50,000 dilution for 20 minutes.
II. Suggested Materials

- IRDye 800CW OR IRDye 700DX NHS ester reactive dye
  - IRDye 800CW NHS ester, 0.5 mg (P/N 929-70020) or 5 mg (929-70021)
  - IRDye 700DX NHS ester, 0.5 mg (P/N 929-70010) or 5 mg (929-70011)
- Dry (anhydrous grade) dimethyl sulfoxide (DMSO)
- Odyssey® Blocking Buffer (PBS) (P/N 927-40000)
- 1X PBS wash buffer
- Tissue culture reagents (serum, DMEM, trypsin, etc.)
- Clear or black 96-well microplate, with clear bottom
- 37% formaldehyde
- 20% Tween® 20
- 10% Triton® X-100

III. Protocol

1. Cell Preparation and Fixation

   Treat cells as desired with drug, stimulant, etc. Detailed In-Cell Western protocols for certain
cell lines and target proteins may be downloaded at www.licor.com/icwprotocols

   IMPORTANT NOTE: If optimal fixation and permeabilization conditions for immunofluorescent
   staining of your cell line and/or target protein are already known, these conditions may be more
   appropriate than the fixation protocol described here, and would be an excellent starting point
   for In-Cell Western assay development. Most fixatives and fixation protocols for immunofluores-
   cent staining may be adapted to the In-Cell Western format.

   NOTE: If cells are loosely attached to plate, centrifuge plate at ~350 x g for 5-10 minutes
during the last 10-15 minutes of this incubation. This will help prevent cell loss.

   a. Prepare fresh **Fixing Solution** as follows:

      1X PBS 45 mL
      37% Formaldehyde 5 mL
      3.7% Formaldehyde 50 mL

   b. Remove media from microtiter plate manually or by aspiration.

   c. Using a multi-channel pipette, immediately add 150 µL of fresh, room-temperature **Fixing
      Solution**.

      Add the **Fixing Solution** carefully by pipetting down the sides of the wells to avoid detach-
      ing the cells from the well bottom.

   d. Allow incubation on bench top for 20 minutes at room temperature with no shaking.
2. Permeabilization

a. Wash 5 times with 1X PBS containing 0.1% Triton® X-100 (PBS + Triton X-100) for 5 minutes per wash.

b. Prepare PBS + Triton X-100 as follows:

<table>
<thead>
<tr>
<th>Component</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>1X PBS</td>
<td>495 mL</td>
</tr>
<tr>
<td>10% Triton X-100</td>
<td>5 mL</td>
</tr>
<tr>
<td>1X PBS + 0.1% Triton X-100</td>
<td>500 mL</td>
</tr>
</tbody>
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c. Remove Fixing Solution (contains formaldehyde) to an appropriate waste container and dispose of properly.

d. Using a multi-channel pipette, add 200 µL of PBS + Triton X-100 to each well. Make sure to add the solution down the sides of the wells carefully to avoid detaching the cells.

e. Allow wash to shake on a rotator for 5 minutes.

   NOTE: If cells are loosely attached to plate, do not shake plate during washes. Instead, place the plate into a centrifuge and spin at ~350 x g for 5 minutes during each wash.

f. Repeat washing steps 4 more times, removing wash manually each time. Do not allow cells/wells to become dry during washing. Immediately add the next wash after each manual disposal.

3. Cell Number Staining

a. Prepare a 1 mg/mL solution of the dye. LI-COR supplies vials of reactive dye in lyophilized form. You must resuspend the dye in organic solvent (anhydrous DMSO) before use.

   WARNING: DO NOT resuspend the contents of the dye vial in aqueous solution or buffer. The NHS ester reactive group is quickly hydrolyzed and inactivated by water. If you resuspend in aqueous buffer, you must use the entire dye vial immediately and discard all remaining dye after first use, because it will quickly hydrolyze during storage and become nonreactive.

   - To preserve dye reactivity, resuspend the contents of the vial in dry (anhydrous grade) DMSO at a concentration of 1 mg/mL.
   - After the content of the dye vial is resuspended in DMSO, protect the vial from light and store at -20 °C.

b. Dilute a small amount of IRDye 800CW or IRDye 700DX in aqueous solution (PBS) FOR IMMEDIATE USE ONLY. As a general guideline, a 1:50,000 dilution is recommended for IRDye 800CW NHS ester, and 1:5,000 for IRDye 700DX NHS ester.

<table>
<thead>
<tr>
<th>Component</th>
<th>Amount</th>
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<tbody>
<tr>
<td>1X PBS</td>
<td>25 mL</td>
</tr>
<tr>
<td>1 mg/mL IRDye 700DX in DMSO</td>
<td>5 µL</td>
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</tbody>
</table>

   For one 96-well plate
Or:

<table>
<thead>
<tr>
<th>Component</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1X PBS</td>
<td>25 mL</td>
</tr>
<tr>
<td>1 mg/mL IRDye 800CW in DMSO</td>
<td>0.5 µL</td>
</tr>
</tbody>
</table>

For one 96-well plate

c. Remove PBS + Triton® X-100 from each well of the plate manually or by aspiration.

d. Add 200 µL diluted dye solution to each well.
   - Incubate for 20 minutes for IRDye 800CW.
   - Incubate for 30 minutes for IRDye 700DX.

4. *Wash Out Unbound Dye*

   a. Wash each well 3 times with PBS + 0.1% Tween® 20, 5 minutes per wash.

   **NOTE:** If cells are loosely attached to plate, do not shake plate during washes. Instead, place the plate into a centrifuge and spin at ~350 x g for 5 minutes during each wash.

   b. Block with Odyssey® Blocking Buffer and proceed with primary antibody staining as for a standard In-Cell Western Assay protocol.

**REFERENCES**